



Foxhills Pony Club

Homemade Horse Treats

The Ultimate Horse Cookie

- 1 carrot
 - 1 apple
 - 1 cup molasses or honey
 - 2 ½ cups of oats
 - 2-3 tbsp of vegetable oil
1. Preheat oven to 325 degrees.
 2. Grate the carrot and apple.
 3. Mix together all of the ingredients.
 4. Place large spoonfuls on a baking sheet.
 5. Bake for 30-40 minutes or until golden brown.
 6. Cool for a few hours in the refrigerator.

Carrot

- 2 cups grated carrot (4 large carrots)
 - 2 tablespoons veg oil
 - 1 teaspoon salt
 - 1 cup porridge oats
 - ¼ cup black treacle or honey
 - 1 cup of flour
1. Preheat oven to 180 c / gas mark 4
 2. In a large bowl mix carrots, oil and treacle until combined
 3. Add salt, oats and flour until combined – it should be sticky dough like mixture.
 4. Form into 1 inch balls and place on parchment paper
 5. Bake for 20-25 mins until golden

Pumpkin and cinnamon

- ½ tin pumpkin (only found in waitrose so far)
 - 1 tablespoon cinnamon
 - 2 ¼ cups of porridge oats
 - ¼ cup honey
 - ½ cup brown sugar
1. Preheat oven to 200c
 2. Mix oats, sugar, honey and pumpkin until blended
 3. Roll into approx 1 inch balls
 4. Bake in oven for 12-15 mins
 5. Before they cool sprinkle cinnamon evenly across the top of them



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Banana and raisin

- 1 medium sized ripe banana peeled
 - 1 cup oats
 - 2 tablespoons honey
- 1 tablespoon coconut oil (I used olive oil)
 - ½ cup raisins
 - Pinch of salt

- 1.Preheat oven to 170c
- 2.Place banana in medium size bowl and mash with fork
- 3.Add oats, honey and oil and stir until combined
- 4.Leave to rest for 10 mins
- 5.After 10 mins add the raisins and salt and stir to combine
- 6.Take a tablespoon of mixture and roll into ball and squash to flatten into a thick disk, approx. 1cm thick and place on baking tray, repeat until all mixture is used.
- 7.Place in oven and cook for approx 15 mins

Create your own horse treat recipe

Or maybe you're up for the technical challenge? It can be a lot of fun to experiment in the kitchen and produce 'the unknown.' So why not try to create your own horse treat recipe. Then you can tailor it to your horse by using his favourite ingredients.

Suggested home-made horse treat ingredients

- Rolled Oats
- Whole Oats
- Whole Wheat Flour
- Molasses
- Apples
- Carrots
- Apple Sauce
- Brown Sugar
- Sugar
- Crushed Peppermints
- Cinnamon
- Salt

Just to be on the safe side, here are some ingredients that are NOT recommended as they could be toxic to horses:

- Chocolate
- Milk
- Maple Syrup
- Cherries
- Rhubarb
- Peaches